

# Smoking Safety

## The Facts

- Cigarettes burn at 700°C.
- Tobacco is designed to remain alight.
- More people die in fires caused by smoking than any other source.
- 106,000 people in the UK die every year due to the effects of smoking.

## Best Practice

1. Never smoke in the home, always go outside – not only will this make the home safer and healthier but will also help you quit.
2. Failing the above, never smoke in a bedroom or anywhere else you usually sleep.
3. **Always have a working smoke alarm in a home especially if people smoke.**

## Precautions

- Take extra care when you are tired - falling asleep whilst smoking is the most common cause of smoking related fires.
- Never leave lit cigarettes, cigars or pipes unattended, especially when children are present.
- Always use a suitable ashtray, never put ash straight into a bin with other rubbish.
- Remove ash deposits from ashtrays regularly.
- Always use child resistant lighters and matches and store them out of reach from children.



## Further Advice

- NHS smokefree - 0800 0224332 ([www.smokefree.nhs.uk](http://www.smokefree.nhs.uk))
  - Quit line - 0800 002200 ([www.quit.org.uk](http://www.quit.org.uk))
  - No smoking day - ([www.nosmokingday.org.uk](http://www.nosmokingday.org.uk))



***Making Fire Safety Simple!***